

TABOR VOICE

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**They will rest from their labors,
for their deeds follow them (Revelation 14:13).**

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SAINTS AND SOULS

Mattie Stepanek died in his mother's arms just a few weeks short of his 14th birthday. He was having a muscular condition, dysautonomic mitochondrial myopathy, which claimed his life. But in the months and years leading up to that inevitable passing, Mattie took every opportunity to encourage others and to share God's love with others. "I choose," Mattie said, "to live until death, not spend the time dying until death occurs."

In the years leading up to his death, Mattie touched the hearts of millions, becoming a frequent guest on television shows. He achieved the widest reach through five best-selling books of poetry he called his *Heartsongs* and through his collection of *Peace Essays*. The books became New York Times bestsellers and eventually sold more than two million copies.

With the purity of heart that only a child can possess, and the indomitable spirit of one who has survived more physical suffering than most adults will ever know, Mattie earned in his lifetime, the most notable honour may be yet to come. Efforts are underway to investigate the child's personal holiness, to determine whether he is a candidate for sainthood.

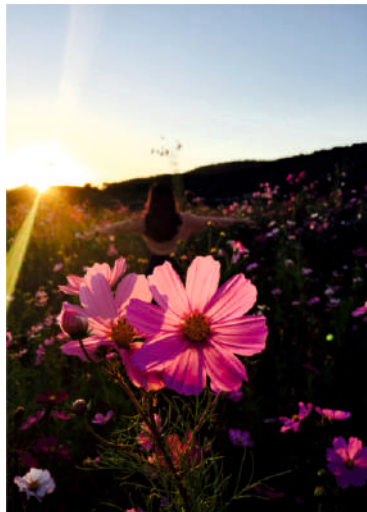
The Mattie J.T. Stepanek Guild was officially launched with the objective of investigating Mattie's life and virtues for the possible cause of canonization.

In his poem *Heavenly Greeting*, Mattie reflected on the day when he would meet God face to face, and looked forward to God's welcoming embrace. "Dear God, / For a long time, / I have wondered about / How You will meet me / When I die and come to / Live with You in Heaven. / I know You reach out / Your hand to welcome / Your people into Your home, / But I never knew if You / Reached out Your right hand, / Or if You / Reached out Your left hand. / But now I don't have to / Wonder about that anymore. / I asked my mommy and / She told me that You / Reach out both of

Your hands, / And welcome us with / A great big giant hug. / Wow! / I can't wait for my hug, God. / Thank you, / And Amen."

In our Christian faith we celebrate November 1st as All Saint's Day and pay special tribute to all saints for their intercession, inspiration, and imitation of Christ. Saint Josemaria Escriva writes, "Let us turn to the example of the saints. They were people like us, flesh and bone, with failings and weaknesses, who managed to conquer and master themselves for the love of God. Let us consider their lives and, like bees who distill precious nectar from each flower, we shall learn from their struggles"

November 2nd is All Soul's Day, dedicated to praying for the dead souls. "Brothers and sisters, we do not want you to be uninformed about those who sleep in death, so that you do not grieve like the rest of mankind, who have no hope. For we believe that Jesus died and rose again, and so we believe that God will bring with Jesus who have fallen asleep in him" (1 Thessalonian 4: 13-14). May the souls of the faithful departed, through the mercy of God rest in peace, Amen.



.....
Fr. Martin Chittadiyil V.C.



The Word of God says, “Do not be ashamed of the testimony about our Lord” (1Timothy 1:8).

You are encouraged to send your testimonies to us for publication if you are certain by faith that a miracle (blessing, breakthrough, healing, deliverance, conversion etc) has been granted to you by Jesus. Traditionally understood, a miracle is a supernatural sign or wonder, brought about by God, signifying His glory and the salvation of mankind.

The Church teaches, “If anyone says that all miracles are impossible, and that therefore all reports of them, even those contained in Sacred Scripture, are to be set aside as fables or myths; or that miracles can never be known with certainty, nor can the divine not can the divine origin of the Christian religion be proved from them: let him be anathema” (Vatican Council I, Dei Filius, no.3).

Please note, “Society has a right to information based on truth, freedom, and justice. One should practice moderation and discipline in the use of the social communication media” (Catechism of the Catholic Church 2512).

We will try to publish as many testimonies as possible for the glory of God and to deepen the faith the children of God.

Publishing your testimonies is done as part of the spiritual services of Tabor ministries. We do not demand or accept any fee to publish the testimonies.

However, we recommend to get some copies of TABOR VOICE and distribute them because this work of evangelization will not only encourage those who already know Jesus but also engage those who have not yet recognized Jesus as saviour in their lives.

Do you own a shop or business? Please consider putting a display of this magazine on your counter to resell to customers.

Give the magazine to your family members, church members, workmates, friends, especially people in hospitals and schools as a gift.

Send your testimonies and spiritual articles to: taborvoice1@gmail.com

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Proclaiming the Good News of Jesus Christ

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EVERYONE WHO
ACKNOWLEDGES
ME BEFORE OTHERS,
I ALSO WILL
ACKNOWLEDGE
BEFORE MY FATHER
IN HEAVEN
(MATHEW 10:32).

RETURN TO
YOUR HOME,
AND DECLARE
HOW MUCH
GOD HAS DONE
FOR YOU
(LUKE 8:39).



Joseph Kalangara

Marriage was God's idea. In fact, He designed it. And as the designer, He knows exactly what our marriages need in order for them to thrive. His ultimate goal for marriage is for husbands and wives to have oneness expressed in a relationship bound together by a Holy Covenant.

"The consent by which the spouses mutually give and receive one another is sealed by God himself. From their covenant arises "an institution, confirmed by the divine law, . . . even in the eyes of society." The covenant between the spouses is integrated into God's covenant with man: "Authentic married love is caught up into divine love" (1639, CCC).

Every covenant is based on promises just like a contract yet

covenants differ from contracts in many ways. A covenant is much more than a contract which is a legally binding document. To understand this better let's, examine the elements that make a covenant and how its superior to a contract.

1. Covenants are initiated for the benefit of the other person. In a covenant marriage each spouse is committed to the other's well-being. Obviously, if both of them keep the covenant, then both of them will benefit, but the motivation and the attitude is not self-gratification but giving of self for the other's well-being. Thus in a contract its "I take thee for me" whereas in a covenant its "I give myself to thee".
2. In covenant relationships, the parties make no holds barred promises. Vow taken by couples is "I promise to be true

to you in good times and in bad, in sickness and in health. I will love you and honour you all the days of my life". If it were a contract the words would have been "I promise to love you as long as you love me, I'll take care of you as long as you take care of me" etc. In contract its "I'll meet you half way" and covenants its "I'll give you 100% plus".

3. Covenants are unconditional whereas contract has fine print with many stipulations and conditions. Covenants stem from unconditional and steadfast love whereas contracts are not necessarily driven by love but to achieve a goal or commitment. In covenant partners nurture their relationship with love. Covenant is written on one's heart whereas contracts are written on paper. Operative

phrase in contracts is “I have to” whereas in covenants its “I want to”.

4. **Covenant relationships view commitment as permanent.**

Marriage is a commitment by which spouses pledge to each other all aspects of their lives “until death do us part”. Contracts on the other hand are for a specific purpose and culminates with the achievement of the purpose and are also time bound. God's steadfast, unceasing and exclusive love for his people is a model for the loving union of a married couple. Contracts are motivated by desire to get something. Contracts have escape clause but covenant is binding forever. In contracts its “what do I get” whereas in covenants its “what can I give”.

5. **Covenant relationships require confrontation and forgiveness.**

Confrontation means holding the other person responsible for their actions. Contracts deals with penalty for nonfulfillment of obligations. Covenant deals with forgiveness. Forgiving means a willingness to lift the penalty and continue a loving, growing relationship. In contracts its “You better do it or else.....” whereas in covenants its “It's okay. My love for you surpasses everything. Tell me how can I serve you”.

6. In a contract the terms are always subject to negotiation but **in a covenant God sets the terms**, people may choose to accept or reject the terms however people choose to enter into the covenant to

receive the blessings from God. **A covenant is a commitment which God initiates.** Contracts are subject to mutual determinations of the parties however God has set up the terms and conditions of a covenant. When one initiates the forms of a contract all that one does is exchange promises. The sign of one's promise is the signature that one puts at the end of the contract which says “I give you my word” and the word is the name one puts by the signature. In contracts goods are exchanged by stating “this is yours and this is mine”. But in a covenant it is the Holy name of God that is given. It is not a promise that a person exchanges but it is an oath that one swears in the Holy name of God. An oath is more than a promise. Whilst the signature of one's name is the glue that binds the promises made on a contract, but in the case of an oath the powerful name of God becomes the cement that binds the two and makes them one. Whilst a contract stipulates “this is yours and this is mine” covenant stipulates “I am yours, you are mine”. What God has joined let no man put asunder, not because God says so but because we are not strong enough to break what almighty God has joined.

To summarise contracts are motivated by profits and self-interest, **covenants are motivated by self-sacrifice and love.** Contracts exchange goods and services, covenants exchange persons and communion. Contracts are a matter of law but covenants are always a matter of love. Contracts are limited in

scope and bound by terms however covenants are unlimited and touching upon all the different areas of life. Most significantly contracts are limited in duration but covenants are for life and even intergenerational bonds between parents, children and grandchildren. Covenant therefore far surpasses a contract. To confuse covenant with a contract is like confusing marriage with prostitution. Contracts are broken and covenants are violated. Covenants apply to the moral law in a way the laws of nature apply to the physical order. There are laws that cannot be changed or altered by any parliament etc. e.g Law of gravity. No wonder therefore that God hates divorce.

Jesus Christ came and made the covenant of marriage into a sacrament. Sacrament is not what makes marriage and fidelity easy, but it is what makes it possible. “Christ is the source of this grace. “Just as of old God encountered his people with a covenant of love and fidelity, so our Saviour, the spouse of the Church, now encounters Christian spouses through the sacrament of Matrimony.” Christ dwells with them, gives them the strength to take up their crosses and so follow him, to rise again after they have fallen, to forgive one another, to bear one another's burdens, to “be subject to one another out of reverence for Christ,” and to love one another with supernatural, tender, and fruitful love. In the joys of their love and family life He gives them here on earth a foretaste of the wedding feast of the Lamb” (1642, CCC). ♦

GODLY OBEDIENCE

Jose M A Muttamthottil

Blessed Bishop Fulton J Sheen was a very famous preacher of his time. He was very brilliant student and passed all his examinations with flying colours. After completing studies he came back to his diocese, Peoria. Everyone was expecting that he would be given a plum assignment. But he was sent as

an assistant vicar to a very small parish. There were murmurings of protest. But Sheen went there and took charge of his assignment and began his ministry in full earnest. After a few months he was called back by the Bishop and told that he was being appointed as a professor in the philosophy faculty at the Catholic University of America. The Bishop told him, “Sheen, your appointment was fixed months

back. You passed all your examinations with flying colours, but I wanted to see how you would fare in the test of obedience”.

Obedience is subjugating our will to that of someone else. Obedience is Seeing God in our Authority. So by obeying we obey not the person in authority but God Himself. “Be subject to one another out of reverence for Christ” (Eph 5:21). While creating Adam and Eve God gave full authority over the entire universe to them. But God kept the authority over them to himself. While Adam could make rules and regulations for others, It was God who decided what Adam could or could not do. Others should obey him. But he had to Obey God. And his disobedience cost all of us. There are commandments of God which no one is expected to break. They are not optional but mandatory. Disobedience to God's commandments brings forth a breakage of relationship with God. As obedience to law is required for the wellbeing of society; there are provisions in the society laws to punish those who break them. Disobedience brings forth disintegration and anarchy. That was why Jesus said “If a kingdom is divided against itself, that kingdom cannot stand. And, if a house is divided against itself that house will not be able to stand” (Mk 3:24-25).





Jesus asks us to obey both church and civilian laws. When the Pharisees tried to entrap Jesus with a question “Is it lawful to pay taxes to the emperor, or not” He checkmated them by answering “Give therefore to the emperor the things that are the emperor's and to God the things that are God's” (Mt 22:21). When the collectors of the temple tax requested Him to pay up His taxes even though Jesus was not liable to pay temple tax being Son God He asked Peter to pay the tax for both of them so as not to give offense to others.

When we obey God's Commandments, we get the moral right to ask for obedience from those who are entrusted to us. It shall be difficult for a father who is living a life of debauchery, to ask his son to

lead a pious life. One day a mother approached a counsellor for prayer support for her teenaged daughter. The daughter was rebellious and not heeding to the advices of her mother. He counselled them both and quoting Letter to Ephesians chap 6, 1-4, explained to the girl about the need to obey her parents. He also requested the mother to respect the feelings of the child, quoting the next verse. At the end, the girl said “What does Bible say about wives obeying their husbands?” He opened the passage which read “Wives, in the same way accept the authority of your husbands, so that, even if some of them do not obey the word, they may be won over without a word by their wives' conduct” (pet 3:1-2). Then she interjected, “let Mummy obey and respect Papa

first. She taunts him, back answers him, disregards him, dishonours him and insults him. Let her first become a good wife, and then I shall become a good daughter.”

Jesus was equal to God the Father. But when He became a human being he submitted himself to the Father. Listen to His cries in Gethsemane “Abba, Father, for you all things are possible; remove this cup from me; yet, not what I want, but what you want” (Mk 14:36). Jesus was always obsessed with doing the will of His Father. He asks us to obey God as He himself did. “If you keep my commandments, you will abide in my love, just as I have kept my Father's commandments and abide in His love” (Jn 15:10). Let us pray to God to have the gift of obedience. ◆



PRAYING PARENTS AND BLESSED CHILDREN

Maria Shruti

Before I formed you in the womb I knew you, before you were born I set you apart; I appointed you as a prophet to the nations” (Jeremiah 1:5). Every child of God has a destiny. More than that, a child is commissioned by heaven. A child is set apart to declare the Lord's plan to the nations. A child is known by the Almighty and marked for him. A child is chosen and loved.

This is what the Lord says—“Your Redeemer, who formed you in the womb: I am the Lord, the Maker of all things, who stretches out the

heavens, who spreads out the earth by myself” (Isaiah 44:24).

Parents naturally live as if our children belong to us. When we believe they belong to us, and their lives are entirely in our hands, we often find ourselves consumed with worry. And a worried mind is incompatible with the abundant life that God has called us to—guided by the Holy Spirit, joy-filled and at peace.

We have several reasons for worrying over our kids. Among them is cultural expectation: Good parents worry about their kids; that's how we are expected to show we care. If we don't

worry, many will assume we are apathetic and disengaged. We worry for: they are not eating right, that they are too obese, that they don't have enough friends, that they have wrong friends, about their right clothes, right attitude, their grades, their opportunities. We worry about them getting bullied or they bullying someone.... The list of a worrying parent is endless.

We try to put all our best efforts while raising our children. Then just when we think we have got the parenting terrain all figured out, we suddenly find ourselves in new

territory again as each new age and stage presents another set of challenges.

Sometimes we get so tired that we just want to give up – let the storm take us where it will. But we have a Good News! BECOME A PRAYING PARENT. It is the best of jobs. It's the most difficult of jobs but it can bring you the greatest joy. We don't have to be tossed and turned by these winds of change. Our children's lives don't ever have to be left to chance. We don't have to live in fear of what each new phase of development may bring, what dangers might be lurking behind every corner.

We can start our role of 'Praying Parent' right now - this very minute, in fact making a positive difference in our child's future. It is never too early or never too late. It doesn't matter if your child is three days old and perfect, or thirty years old and going through a divorce. At every stage of their lives our children need and will greatly benefit from our prayers.

Prayer produces power. There is great power in doing that, far beyond what most people imagine. In fact, don't ever underestimate the power of a Praying Parent. "Pour out your heart like water before the presence of the Lord! Lift your hands to him for the lives of your children" (Lamentations 2:19).

This does not mean we stop caring for our kids rather we could declare ourselves to be in full partnership with God. He

would shoulder the heaviness of the burden and provide wisdom, power, protection and ability far beyond ourselves.

We would do our job to discipline, teach, nurture and "train up a child in the way s/he

should go knowing that when s/he is old s/he will not depart from it (proverbs 22:6). We need to depend on God to enable us to raise our child properly, and he would see to it that our child's life is blessed. ♦





THE MIRACLE OF INNER HEALING

Jacinta Goldwyn

Just as we can be hurt physically, we can also be hurt emotionally. Physical sickness can be healed by medicine or through prayers. Emotional hurts are kept in memory and as days go by, they get buried in our unconscious mind or sub-conscious mind. The mind is like iceberg. Memories of emotional hurts which are buried in our sub-conscious mind are called root memories.

These unhealed emotional hurts which remain in our sub-conscious mind give rise to negative feelings or bad feelings and it effect the day today life, becomes a barrier for healing. The child in the womb

can experience his/her mother's life from inside. The mother goes through fear, anxiety, insecurity, sorrow or worry. The same may be reflected in the child when born and also likely to suffer from anger, fear, insecurity, rejection and sadness.

It can be the otherway around when the child in the womb experiences joy. When Elizabeth heard Mary's greeting the child leapt in her womb and Elizabeth was filled with the Holy Spirit (Lk 1:41).

Rejection and loss of a person in the family at the very early stage may lead one to depression. The process of Inner Healing has to be done, pro-

vided the person is open to it and has willingness to come out of it. God can help us. "He heals the broken hearted and binds up their wounds" (Pslam 147:3). Physical, psychological (emotionl) spiritual, total healing of a person should be done in body, mind and soul.

If one gets hurt in the family, it affects the whole family and they lose patience and joy in the family. The emotional hurts become blocks to enjoy the loving relationship with God and man. If you have spiritual problem we have to go to a Priest for confession and also go for counselling to a priest or through an anointed counsellor and through Inner Healing get cured completely. Through the

precious blood of Jesus and with the co-operation of the family members, through miracles and love get complete healing. Some healings are instant some are progressive. "And after you have suffered for a little while the God of all grace, who has called you to his eternal glory in Christ, will himself restore, support, strengthen and establish you" (1 Pet. 5:10).

Unless one opens the heart to Jesus the inner wound will not be healed. Once you are open to Jesus, the healing is sure. If the family members understand this and with patience and love

can lead a suffering person to Jesus, it will change the person.

I want to testify about my late husband's inner healing experience. My husband's father expired when he was six months old in his mother's womb. The mother went through a lot of insecurity and worries. When the child was born he had gone through a lot of difficulties. As he was a little boy in the village, he heard some saying, he had killed his father in his mother's womb itself. It created a big hurt in him. When he grew big, after his education, he came to Bombay, stayed in his sister's house. His brother-in-law became his guardian. He studied Diplome in Engineering, got a good job with good salary.

When they searched a girl for him to get married, they thought of me, since they knew our family well. After marriage I was brought to Bombay and Jesus blessed us with three boys. They studied well and got married and moved to different places. Later my husband was retired and he began to spend all his time in drinking alcohol and crying about his father whom he could not see in his life. It was sad to listen to him, as he had many inner wounds from a painful childhood. His mother had told him when he was seven years old never to remove scapular from his neck. He obeyed it. He used to wear scapular always and distrib-

uted it saying that Mother Mary would save them. He used to do this even in bars!

I had this dream in my life to settle down in a place where there is a church near by. One day, one of my children called us over phone and said, "Please go and see a house at a particular place." My husband and I went to see the house. It was a well furnished flat. From there we could see the church, garden, swimming pool etc.," We wondered why our children wanted us to come here. Then one of my children rang up and asked my husband whether he liked the house. My husband replied, "I like the house very much." For that my son said, "Daddy, I brought this house for you." At once I could see my husband's eyes become filled, tears flowing through his cheeks. He told me, "What a lovely experience is this! I did not get anything from my Daddy. But I got it through my children. How wonderful is the care of our God!" He was seventy years old at that time. The Inner Healing happened in that single moment. He never touched alcohol or cigarettes after that. God had changed him completely through that experience. "You have turned my mourning into dancing. You have taken off my sack cloth and clothes me with joy" (Ps. 30:11). So if anyone is in Christ there is a new creation; everything old has passed away. See everything has become new (2 Cor. 5:17).



Married Life – A calling to Unite



Br. Thomas Mundonayil

God's dream of us regarding family and each individual is one. It is about having oneness. Looking at the husband and wife of a family Jesus says, "So they are no longer two, but one flesh. Therefore what God has joined together, let no one separate" (Mt 19:6). We read about Jesus offering His dream to Father God in Jn 17: 22, "The glory that you have given me I have given them, so that they may be one, as we are one". Being one means becoming one family. From the rib of a man God gave form to a woman. The foundation of a united family is the sacrament of matrimony. We read in the letter to Ephesians that the relation between Jesus and church is the foundation of married life.

Marriage is a calling to become one and a family. Family is the unit where there is joy in uniting. Two minds, two hearts and two persons have to become one mind through the marriage of Jesus' dream. Does this unification happen in our lives? If not, it is our selfishness that stands as a barrier to it. The 'I' factor. When the 'I' in me is destroyed and love of the Holy Spirit is born in me, family becomes one. When wives and husbands demonstrate willing-

ness to forgive, suffer and sacrifice, the families become heaven on earth. St. Augustine says, 'the sweetness of God's love and the fullness of love founded on sacrifice we first experience in our families'. Church teaches us that family is a form of church. But today many families are not like church. Holiness, peace and love are being lost from our families.

Today there is hardly any match between husbands and wives. Therefore there can be seepage into the structure of family. "It is not good that the man should be alone; I will make him a helper as his partner" (Gen 2:18). It is God who gave us our partner. Through our sacrament of matrimony, He fulfills His dream. Today we change God's dream and fulfill ours through those we meet through the Internet, in the park, between four walls. So the will of God is undone. Family has to be established by God. Family, home, etc. are all God's plans. It is by establishing family that God intended to make man flourish and prosper on this earth. We understand from the holy Bible that God prepared the plan of our salvation by establishing family.

At the completion of time the Savior is being born from a Virgin, St. Joseph is being chosen as the head of the Holy Family; this is all through a family. God calls us humans to



participate in His salvific plan through marriage and family life, participate in procreation. Thus children, the dream of God, are born into families. Life is a gift of God. God is warning us through his word, not to put our hands on life. The children and life partner that God gives must be protected by you. "Wife, for all you know, you might save your husband. Husband, for all you know, you might save your wife" (1 Cor 7:16). Lord God desires that the husband must be sanctified through wife and the wife through husband. Through the sacrament of matrimony God has placed into our hands the duty to protect and bring up and not to kill or destroy.

Children must experience God's protection and care through parents. Parents must

become the lamp to the path for children's physical, emotional and spiritual growth. "He told those who were selling the doves, Take these things out of here! Stop making my Father's house a market place" (Jn 2:16). Let us surrender our family to the sacred heart of Jesus and pray. O Jesus, be the Lord of all our families. Be with us to raise us from all the downfalls in our lives. Increase mutual understanding and unity among all our family members. Help us to destroy all evil forces in the society and spiritual realm that works to damage the foundation of our family. Protect us and our family from all evil forces. Fill us with the spirit of prayer. Sacred Heart of Jesus filled with love for us; we surrender all of us into your Sacred Heart. Amen. ♦



Time is Precious

“Now listen, you who say, “Today or tomorrow we will go to this or that city, spend a year there, carry on business and make money.” Why, you do not even know what will happen tomorrow. What is your life? You are a mist that appears for a little while and then vanishes. Instead, you ought to say, “If it is the Lord’s will, we will live and do this or that” (James 4:13-15).

Janina Gomes

Time is a gift from God. What we make of ourselves in that time, is our gift to God. Time is precious because we have only this one life to live on this earth and to realize our destiny. When we have a purpose for living, we will have our priorities right and will make wise choices on what to do with the limited time allotted to us in this world.

In this fast moving world, some spend their time 24x7 in chasing success. Many work overtime, not only to win bread for the family but also to climb the ladder of success. In this hurried existence, they leave little time for growing in intimacy with God, for developing meaningful relationships with the family, little time for

cultivating the spirit and evolving spiritually.

In today's world, sometimes people choose to spend their time on material things and leave little time for cultivating their minds and exploring their souls. Many people, including youngsters are hooked to the TV or the internet. Today's generation is digitally smart but unable to spend time often on productive things.

Youth is a time to prepare for adult responsibilities and not a time to sow wild oats. Young people must try to spend more time in healthy interactions, in learning the mysteries of our faith, and laying the foundations for a moral and ethical life.

What lessons can we learn from Jesus about using our time well? Jesus lived a life of

poverty and simplicity. He was young as he went around doing his Father's work. He not only worked as a carpenter, a trade he learned from Joseph, but after growing into full adulthood, went about preaching the Kingdom of God, healing and giving new life to others.

The question we should ask ourselves is how far are our actions and thoughts life giving? Are we living the Gospel values or are we driven by some of the false attractions of the world. Entertainment for a while may be good but it should not become all enveloping. Watching soap operas and serials or movies of little worth, could become just a way of frittering away our time.

We should begin our day with prayer and end our day with

prayer. We should have a regimen of exercise to keep ourselves healthy. Stress has also become a common phenomenon today and many of us are unable to handle stress because we do not reflect on our lives, take all our works and surrender them into the Lord's hands. We are also not able to handle our emotions because we do not make time to sit at the feet of the Lord.

Since our lives are so short and we do not know when it will end, we should live in such a way that we treat every day as the last day of our lives. This would be a good corrective to wasting our time on useless pursuits. We should also make the Lord the final arbitrator of our lives. Much also depends on the company we keep. If we mix around with godless people, we will be more prone to wasting our time.

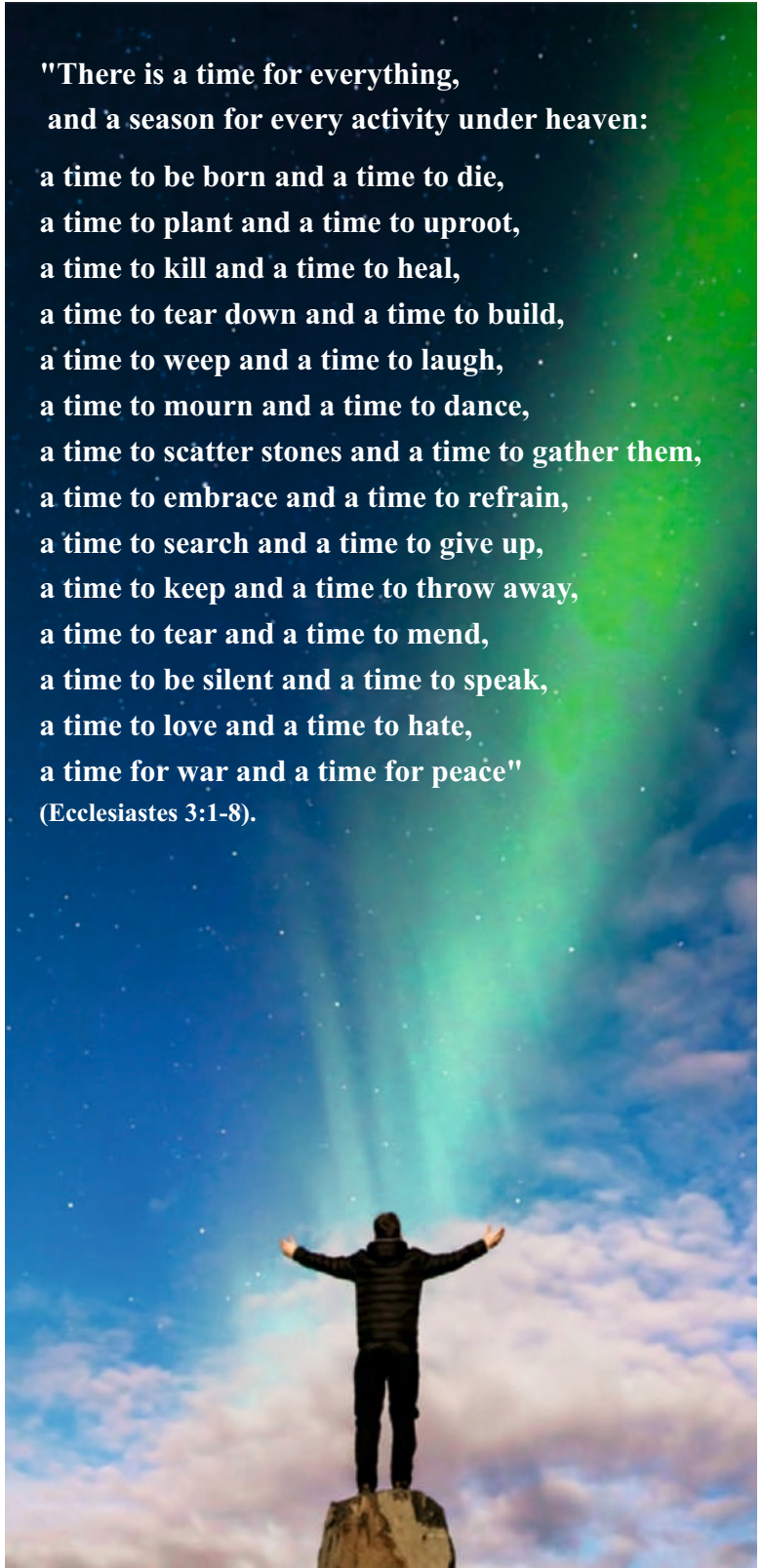
Time is so precious that maybe we should have a timetable of how we will spend the day. Vices like addictions, alcohol abuse, gambling and sexual adventurism are ways of wasting time that end in tragic results. Others develop bad habits which also lead to a loss of time that is precious and must be used wisely.


The truly great are those who make the most valuable use of their time. Like Jesus who knew the ultimate purpose of his life and why he had come into the world, we should know the true purpose of our lives. That way we will not waste our precious time on useless pursuits. ♦

**"There is a time for everything,
and a season for every activity under heaven:**

**a time to be born and a time to die,
a time to plant and a time to uproot,
a time to kill and a time to heal,
a time to tear down and a time to build,
a time to weep and a time to laugh,
a time to mourn and a time to dance,
a time to scatter stones and a time to gather them,
a time to embrace and a time to refrain,
a time to search and a time to give up,
a time to keep and a time to throw away,
a time to tear and a time to mend,
a time to be silent and a time to speak,
a time to love and a time to hate,
a time for war and a time for peace"**

(Ecclesiastes 3:1-8).





No one who believes in Jesus will be put to shame (Rom. 10:11).

TESTIMONIES

John D'souza

Healing

In 1995, a student of mine named Shankar asked me to visit Tabor Ashram, but I never did. My wife and in-laws regularly come to Tabor for prayers and retreats. I would drop my wife off at Tabor Ashram but never joined in prayer. I had sixteen kidney stones and the doctors advised me to go for operations. The stones were of different sizes and in different position. I had to get admitted on Sunday evening in the hospital for pre-operation check-ups. However I felt a strong call to do my retreat at Tabor Ashram. Hence I came for the retreat. During the retreat there was an announcement on the second day that in the congregation of 417 participants, 7 persons were attending the retreat before going for the operation. I asked

Jesus if my name was included in it. I tried to trade with Jesus saying if my stones come out I will testify. 2nd day and 3rd day passed, but nothing happened. I started doubting. During the prayer once again I heard the words of Jesus. Why do you doubt? I have promised to heal you. I believed in him and received a miraculous healing. All stones came out of me in the next two months without any surgery and I received complete healing. I am happy to state that many miracles have happened in my life by the healing power of Jesus. Thank you, Jesus. Praise you, Jesus.

Michael D'souza

Deliverance

Many years I enjoyed alcohol with friends, family and relatives. Due to this never we had peace in our family. As well as my health was deteriorating.

I tried to leave on my own, but in vain. I surrendered this sin of mine to the Lord and cried for mercy. Since February 2019, the Lord has delivered me completely. I thank the Lord for His mercy and grace. And also my wife was suffering from back pain for many years. There were bulges in her vertebra and her treatment was going on. But not given her any relief. We came to Tabor Ashram to attend a retreat. On the third day of the retreat during evening Adoration I surrendered her all problems and fervently prayed for her. Merciful Lord heard the prayer and healed her. Thank you, Jesus. Praise you, Jesus.

Shalaka Paul

Healing

I was suffering from lower back pain for 12 years. It worsened as the years passed. Due to this I had to quit my job

as a practising dentist. I could not sit for more than 15-20 minutes. With physiotherapy and prayers the pain decreased, but the nagging pain was still very much there. During the retreat at Tabor Ashram, I was prompted by Jesus to go for counselling, but did not have anything to tell specifically. I was told to forgive a person. The moment I forgave him, my pain vanished completely. I am happy to state that I received the miracle of healing from Jesus. Thank you, Jesus. Praise you, Jesus.

Joseph

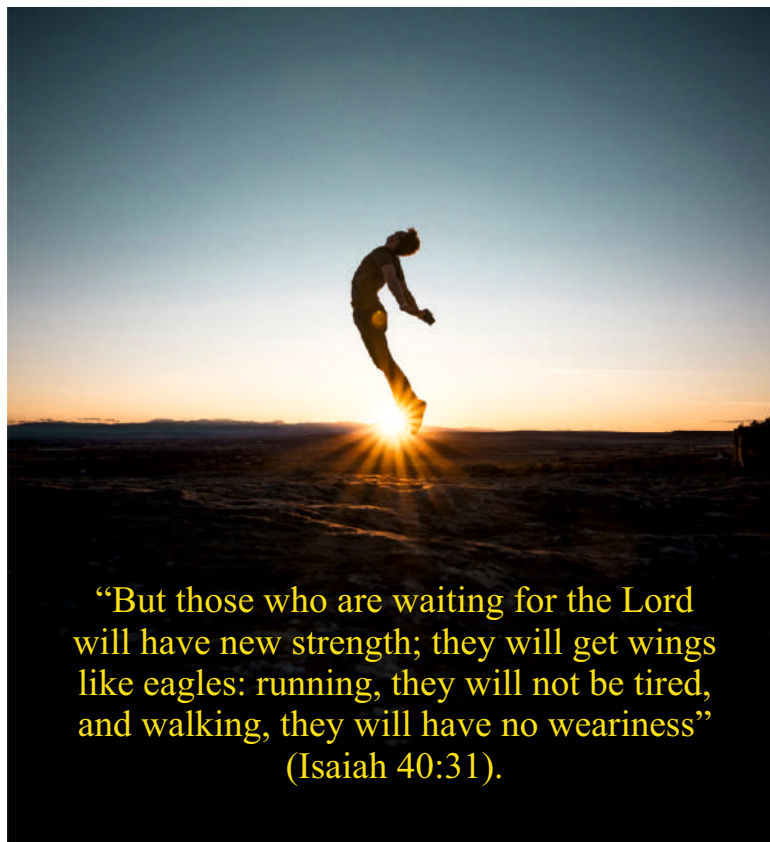
Reconciliation

I came to the Inner healing retreat at Tabor Ashram with a very deep inner wound. I had a problem with my mother-in-law. After my confession and counselling, God touched me and during inner healing my inner wound was healed. I forgave my mother-in-law and now I am in complete peace. Thank you, Jesus. Praise you, Jesus.

Jervis Braganza

Blessing

I along with my parents and brother attended a residential retreat at Tabor Ashram. On the 3rd day of the retreat during the evening praise and worship I felt a current passing through my body and I started crying. After that experience I felt being touched and consoled by my Jesus. Thank you, Jesus. Praise you, Jesus.



Beraldine E. Fernandes

Blessing

I came to Tabor Ashram with a very heavy heart. I was reading the Bible at home but I was struggling with my prayer life. I could not pray in spirit. As the talks went by and the praise and worship progressed, the Lord showed me a lot of areas in my life which I needed to change. I realised my sins and did a good confession. I decided to rectify a lot of things in me. Further, during the Inner healing session a current passed through my right hand and was shaking constantly. I felt the Holy Spirit touching and shaking me. I am grateful to Jesus for this wonderful experience. Thank you, Jesus. Praise you, Jesus.

Milton Dias

Blessing

My wife met with an accident and was operated for her injuries. After she was discharged from hospital we came to know that she was pregnant. The doctors advised us to abort the baby as my wife had undergone X-ray tests many times. Also she had taken many powerful medications for her recovery. To complicate things further my wife was a diabetic patient. So no doctor was ready to support her in the pregnancy. We kept pleading with doctors but they refused. In this situation we met a doctor whom we explained our situation and I gave an undertaking in writing stating that for this decision of

carrying the pregnancy we would be entirely responsible. We said that we are Christians and will not abort the baby as this was against our faith. Due to complications my wife had to get admitted for the delivery in the sixth month. During this time I was on work tour and I asked my wife to go to get admitted in hospital. I kept reminding her that our faith would be blessed by God with the delivery of a normal child. My wife delivered a baby boy who is perfectly healthy and normal. We wish to thank God for this wonderful favour and

blessing He gave us. Note: I have attached one of the reports where doctor has advised for medical termination of pregnancy.

Mary Healing

I was suffering from piles for four years. I took various medicines. Nothing could heal me. I came to Tabor Ashram and attended a residential retreat. During the retreat merciful God touched me and healed me. Now I have no problem. Thank you, Jesus. Praise you, Jesus.

Neil & Fiona Lobo

Blessing

Jesus blessed us with an absolutely normal and healthy baby about whom the doctors stated that there was a very high chance of down syndrome. My husband and myself prayed to the Lord every day and attended the First Friday service with fasting prayer at Tabor Ashram. God kept my child away from all sickness. After her birth she fell sick often and had severe diarrhoea for 3 months. Doctors could not identify the cause. I asked for intercessory prayers from Tabor ministry and God healed her. I prayed for my elder daughter to bless her with good sleep and God has heard all our prayers. Thank you, Jesus. Praise you, Jesus.

Jerry Savio Dias

Healing

I was suffering from Inner Ear problem. Loud noise would give me discomfort. I suffered imbalance due to vertigo. I attended a residential English retreat at Tabor. During retreat Jesus healed me by His sacred wounds and precious blood. Thank you, Jesus. Praise you, Jesus.

Asha Chriayath

Healing

For the past three years, I had severe back pain. I was not able to sit on the floor. During the healing Mass at Tabor Ashram, my back started throbbing with pain. Even though it was announced that some people were healed, I could not believe



**“Faithfulness will sprout from [the] ground,
and righteousness will look down from
heaven” (Psalm 85:11).**

A voice says, "Cry out." And I said, "What shall I cry?" "All people are like grass, and all their faithfulness is like the flowers of the field" (Psalm 40:6).



secure job. I want to thank and praise God for this wonderful blessing. Thank you, Jesus. Praise you, Jesus.

Nagesh Pawar

Healing

I was suffering from Liver disease. My lungs were also damaged. I was told to do an operation. I decided to turn to Jesus first and pray for healing. I came to Tabor Ashram and attended all prayer services. Our merciful Lord touched and healed me. Thank you, Jesus. Praise you, Jesus.

Arjune

Blessing

My wife became pregnant. We went to a hospital and did all the tests. We were told that the result was not clear. The baby's position was not normal. With a worried heart we came to Tabor Ashram and prayed fervently. God heard our prayers. Jesus touched the mother and the child. She had a normal delivery. Jesus blessed us with a healthy baby. Thank you, Jesus. Praise you, Jesus.

Rajesh

Blessing

We had two children in our family. I and my wife prayed for another child. We came to Tabor Ashram and asked Jesus for the gift of child. Merciful Lord heard our prayers. After two years Jesus gave us another baby. Thank you, Jesus. Praise you, Jesus.

I was one of them. I was hesitating to go to the Blessed Sacrament, but I felt I was being pushed. I went and saw some sisters prostrating before the Blessed Sacrament. I wanted to do it too but because of my back pain I thought I would not be able to do it. I tried anyway, and was able to prostrate myself completely. I also had fear of darkness and loneliness. I was frightened always and restless. I

could not sleep. Now I feel so light in my heart. I have no fear of darkness. I get good sleep. Thank you, Jesus. Praise you, Jesus

C. D'Mello

Blessing

I was jobless. I attended a residential retreat at Tabor Ashram. Jesus blessed me with a job opportunity and gave me a

Usha Patil

Healing

I was suffering from teeth ache for one year. Many medicines I used. But I got no cure. I came to Tabor Ashram and attended all services and prayed for healing of my teeth ache. Jesus answered my prayers. I believe He touched and healed me. Now I don't have teeth ache. Thank you, Jesus. Praise you, Jesus.

Anita Shinde

Healing

I was suffering from leg pain and back pain. I couldn't walk for one step. I was advised to go for an operation. I came to Tabor Ashram and attended a residential retreat. I prayed to Jesus to heal me. During retreat Jesus touched and healed me. Thank you, Jesus. Praise you, Jesus.

Philomena D'souza

Healing

I came to Tabor Ashram and attended a residential retreat. On the third day of the retreat I was feeling a little uneasy and my body was in pain. During the inner healing adoration, I was a little restless. But after the service I felt relieved and free. Now, I feel very well and my body is light. Thank you, Jesus. Praise you, Jesus.

Kenny Faria

Blessing

During the Inner healing service at Tabor Ashram, I experienced a tremendous healing and consoling touch of God. I could feel a lot of power, grace and love entering into me. I felt united with my God who consoled and comforted me. I did not want these love filled, beautiful moments to end. A

complete calm and peace covered me. I believe Jesus has given me inner healing from my many wounds and also answered my prayers. Thank you, Jesus. Praise you, Jesus.

Sandra

Healing

I had come to Tabor Ashram with lots of hurt feeling and depression. I suddenly had blood pressure, kidney pain and also a slight pricking in my heart. I came to Tabor and surrendered myself. I did a good confession and at the praise and worship my Lord delivered me from pain. During the Holy Mass, a priest announced the healing of a kidney problem and I felt healed. Thank you, Jesus. Praise you, Jesus.

Doris Mascarenhas

Healing

I had frequent monthly diarrhoea from January 2019 till last month. Medicines were not helping me. While attending a residential retreat at Tabor Ashram, on Tuesday during the adoration priest announced that two people who had frequent diarrhoea has been healed. I believed I was one among them. Jesus answered my faith. Now I am completely healed. Thank you, Jesus. Praise you, Jesus.

John Bosco

Blessing

I was working and residing in Dubai, U.A.E. My business was in bad form past few years

"Whenever the rainbow appears in the clouds, I will see it and remember the everlasting covenant between God and all living creatures of every kind on the earth. (Genesis 9:16).



and was also going through a lot of financial crisis. I had family problems too. I was in terrible despair and had no idea where and how to move for help. Just spoke to my mother and packed off to India, Mumbai planning to run away for good. My mother said just trust in Jesus and I went to Tabor for 3 days inner healing residential retreat. I could feel a new hope and this encouraged me more in prayer but the path of getting back to UAE was looking impossible. Lord Jesus showered his blessing on me and now I'm happy with a job in Dubai it was a miraculous comeback. I'm sure the Good Lord will shower his blessing and help me to reunite with my family. Thank you, Jesus. Praise you, Jesus.

Neville A Sequeira **Reconciliation**

On behalf of my family I want to thank the Lord God Almighty for delivering us from a court case which was going on for the last 7 years. It ended in an amicable settlement, with no bad blood to both the parties. Thank you Tabor ministry for your mighty spiritual intercession, that helped us to strengthen our faith and brings us more closer to our Mighty Lord. Thank you, Jesus. Praise you, Jesus.

Sangeetha **Healing**

I have been suffering for past six months from cough. When I came to Tabor Ashram for a residential retreat, I cried before Jesus for a healing. Merciful

Lord heard my prayer and healed me from cough. Now I am completely alright. Thank you, Jesus. Praise you, Jesus.

Geetha **Healing**

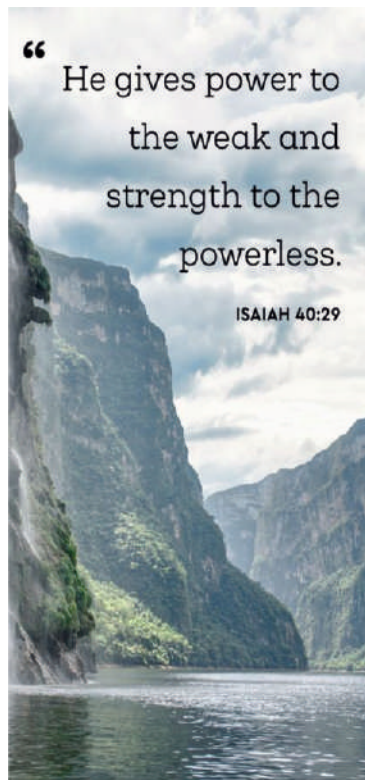
I write this testimony on behalf of my son and daughter. Both of them were suffering from severe sickness. I took them to a hospital and they were given medicines. But it was of no use. Finally, I came to Tabor and took part in the First Friday Service with Fasting Prayer. I prayed to Jesus to heal my children. Jesus answered my prayers and they received healing. Thank you, Jesus. Praise you, Jesus.

Rohidas **Healing**

I have been suffering from piles for a long time. I was operated three times for this problem. But my condition did not improve. My wife came to Tabor Ashram and prayed for my good health. Jesus touched me and healed me. Thank you, Jesus. Praise you, Jesus.

Maria **Healing**

I have been suffering from chest pain, knee pain and diabetics. I took lots of medicines, but no use. I used to come to Tabor Ashram and take part in First Friday Service with fasting prayer. I cried and prayed to Jesus. Merciful God heard my prayer and blessed me with complete healing. Thank you, Jesus. Praise you, Jesus.



Henry Almeida **Blessing**

I along with my some of my colleagues were about to lose our jobs in August 2019. I prayed to Jesus with all my heart to work a miracle and save my job. Jesus saved my job as well as my colleagues' jobs. Thank you, Jesus. Praise you, Jesus.

Conrad Quadras **Healing**

I was suffering from stomach pain. I came to Tabor Ashram for a residential retreat. During the time of praise and worship merciful Lord heard my prayer and healed me from stomach pain. Now I am completely healed. Thank you, Jesus. Praise you, Jesus. ♦

FAQs

1 Please tell me a little about TABOR ministries.

TABOR ministries are administered by Vincentian priests. We conduct evangelization retreats worldwide.

2 Could you please tell more about the Vincentian Congregation?

The Vincentian Congregation is a clerical society of the Catholic Church with the status of pontifical right. St. Vincent De Paul is the Patron of the Vincentian Congregation. The Congregation has taken as its motto, "He has sent me to proclaim the Good News to the poor" (Luke 4:18) and tries to realize it through Popular Mission retreats, preaching ministry, missionary works and charitable, social, educational and media apostolate.

3 Do you accept only Christians for retreats and prayer services?

Jesus accepted all, we too. "I will not reject anyone who comes to me" (John 6:37).

4 What do you mean by residential retreats?

A) Residential retreats are a time for prayer, reflection and renewal of life. B) It is a time to move from the daily routines of everyday life and journey in meditation of the Word of God to deepen relationship with God. C) The participants of the retreats have to live in Tabor Ashram from Sunday 4pm to Wednesday 4pm. D) Food and accommodation will be provided by the Retreat Centre. E) The prayer services and preaching of the Word of God during retreat days are from 6am to 9.30 pm.

5 Are there some special rules for the Residential retreats?

Yes. A) Silence is to be kept during the retreat. B) Cell phones and electronic gadgets must be switched off from beginning to the end of the retreat. C) Use and storage of alcohol, cigarettes, tobacco or any other stimulant will not be allowed. D) The retreat badge should be worn at all times. E) Punctuality and complete participation are necessary.

F) Obedience, co-operation and mutual respect are expected from the participants.

6 I have a small baby, can I attend the retreat with the baby?

It is not convenient for mothers with small babies to attend the residential retreats.

7 I am mentally sick, can I attend the retreat?

We are sorry. We do not have the facility to give you special attention. You are advised not to attend residential retreats.

8 Do I need to bring personal care items?

Yes. You have to bring toiletries, bed sheets, blankets, pillow cases, towels and other personal care items. During monsoon season please bring an umbrella too.

9 Is there a chance to make confession during residential retreats?

Yes. There will be priests to hear confessions. We also

conduct examination of conscience service.

10 Do I need to register for residential retreats?

No. Prior registration is not required. You can walk in, register and join the retreat on any Sunday.

11 Where do I register?

On Sundays as you walk in there will be registration counters. Tabor team members are ready there to help you.

12 Can I attend Sunday Holy Mass at the Retreat Centre?

You have to come for the retreat after attending Sunday Mass in your parish where you are a member. Tabor ministries always promote active participation in parish services.

13 Can I get a Bible there?

Yes. The Holy Bible, Prayer books, rosary, CDs, notebooks, pens, religious articles are available here.

14 When do I have to come for the retreats?

The retreats start on Sunday 4 pm. You are requested to arrive on Sunday afternoon. Please collect your retreat badge upon arrival. Then just follow instructions with an open heart and have a fruitful retreat. If you need any help, please approach our zealous team members who are always happy to serve you.

15 Please tell me about one day pray services.

One day prayers services and night vigil services are free entry spiritual events, open to all. The programs include Praise and Worship, Preaching of the Word of the Word of God, Holy Eucharistic adoration

with healing and deliverance prayers, Confession and Holy Mass. For more details please visit our website-tabor ashram.org

16 How can I reach there?

Tabor Ashram is located along Kalyan-Murbad Highway. It is 50 km away from Mumbai international airport and 8 km away from Kalyan Railway station. The nearest local railway station is Shahad. You get taxis, buses, share-autos to reach here.

17 Do you have an office to contact?

Yes. Our office is open every day from 9.00am to 5.00 pm. The telephone numbers are 9167740412 / 9167740425. You can also get the information through email-tabor ministry@gmail.com ◆

FOR YOUR KIND ATTENTION

1. When Tabor retreats are conducted at any other place, they would be conducted exclusively under Fr. Martin Chittadiyil V.C., Fr. Jacob Arimpur V.C., Fr. John Erambil V.C., Fr. Jacob Vattaparambil V.C. and Fr. Augustine Padinjarekutt V.C.

2. Counselling services are conducted only inside Tabor Ashram and we have not authorised anyone to conduct these services outside. Similarly, family visits and

telephone prayers are not authorised by us and under any circumstance Tabor Ashram cannot be held responsible for the outcome of any action of anyone.

3. If you are inspired to make an offering towards the Evangelization ministry of Tabor Ashram kindly send them in favour of MARY MATHA VINCENTIAN SERVICE SOCIETY to the following address: The Director, Tabor Ashram, Kamba Village, Varap

P.O. Kalyan (w), Thane Dt. Pin 421 103.

4. Donations can also be handed over personally at Donation Office of Tabor Ashram. We have not authorised any individual or institution at any other place for receiving donations.

5. Please let us know your concern, feed-back and suggestions through taborministry@gmail.com. ◆

GIVE AND IT WILL BE GIVEN TO YOU

LUKE 6:38



SUPPORT TABOR VOICE and Please help us keep the mission alive.

Contribute today

Kindly send all the cheques and drafts towards the evangelization ministry of Tabor Ashram in favour of Tabor Voice, Tabor Divine Retreat Ashram, Kamba Village, Varap P.O., Kalyan (W), Thane Dist. Maharashtra - 421103.

A/c No. 28601177134190001, IFC Code : CSBK0000286 Catholic Syrian Bank Ltd. Kalyan. Money orders also can be sent to the above address.

This copy of TABOR VOICE reaches your hand at a discounted price. We would like to thank all of our many donors and supporters without whom our ministry would not be possible. In particular, TABOR VOICE owes a great debt of gratitude to the following supporters who made this edition of TABOR VOICE and many of our works possible. Your support is not simply a charitable contribution but also a witness and testimony to the joy of the Gospel that brings people closer to Jesus. Trust in God's promises and know that no gift will go unrewarded because, "God loves a cheerful giver" (2 Corinthians 9:7). The contributions you make will be acknowledged here by the mention of your name.

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(Will be continued in the next edition).

TABOR

PROGRAM 2019

ONE DAY PRAYER SERVICES

First Friday Service with Fasting Prayer

English, Malayalam & Tamil at Tabor Ashram, Marathi & Hindi at Tabor Bhavan
8.30 a.m. to 4.00 p.m.

Saturday Prayer Service

English & Hindi: Every Saturday at Tabor Ashram
Tamil : Every 4th Saturday
9.00 a.m. to 4.00 p.m.

Tabor Youth Fellowship

Every 1st Saturday at Tabor Ashram 9.00 a.m. to 4.00 p.m.

Sneha Sangam

Every 2nd Saturday at Tabor Ashram
9.00 a.m. to 4.00 p.m.

Night Vigil

Every 2nd Saturday at Tabor Ashram
English, Hindi, Malayalam & Tamil
9.30 p.m. to 5.00 a.m.

RESIDENTIAL RETREATS

English : Every Week

Hindi : Every Week

Marathi : 2nd & 4th Sunday of Every Month

Malayalam : 1st Sunday of every Month

Sun. 4.00 p.m. to Wed. 3.00 p.m.

Tamil Retreats

December 15 -18

English Special Retreats

Dec. 08-11: Advent Retreat

Malayalam Special Retreats

December 01-04 : Inner Healing Retreat

Tabor Outreaches

If you wish to organize a Tabor Retreat in your parish or institution please contact - taborministry@gmail.com

Silent Retreats

If you wish to make a silent guided retreat we welcome you.

Please contact - taborministry@gmail.com

Perpetual Adoration & Intercession

All those who have attended two retreats at Tabor can join these programme.

12 days discipleship Programme

40 days with Jesus Programme

FOR DETAILS

Call during office time:
From 9.00am to 5.00 pm.

Tel. 0706128129, 0731679168.
Email - tabor ministry@gmail.com





**Then Mary said, “Here am I,
the servant of the Lord; let it be with me according
to your word” (Luke 1:38).**

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TABOR MEDIA MINISTRY

Tabor Divine Retreat Ashram is telecasting its programs through various reputed channels

ATHMIYA UNARVU



SATURDAY 05.00 pm

(FRESH EPISODE)

THURSDAY 09.30 am

(RE-TELECAST)

VACHAN SANGEETH



SUNDAY 11.30 am

(FRESH EPISODE)

TUESDAY 11.30 pm

(RE-TELECAST)

GLORIA



SUNDAY 03.00 pm

(FRESH EPISODE)

SATURDAY 07.30 am

(RE-TELECAST)

EXODUS



WEDNESDAY 10.30 pm

EXODUS



MONDAY 6.00 am

(FRESH EPISODE)

THURSDAY 05.00 pm

(RE-TELECAST)

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